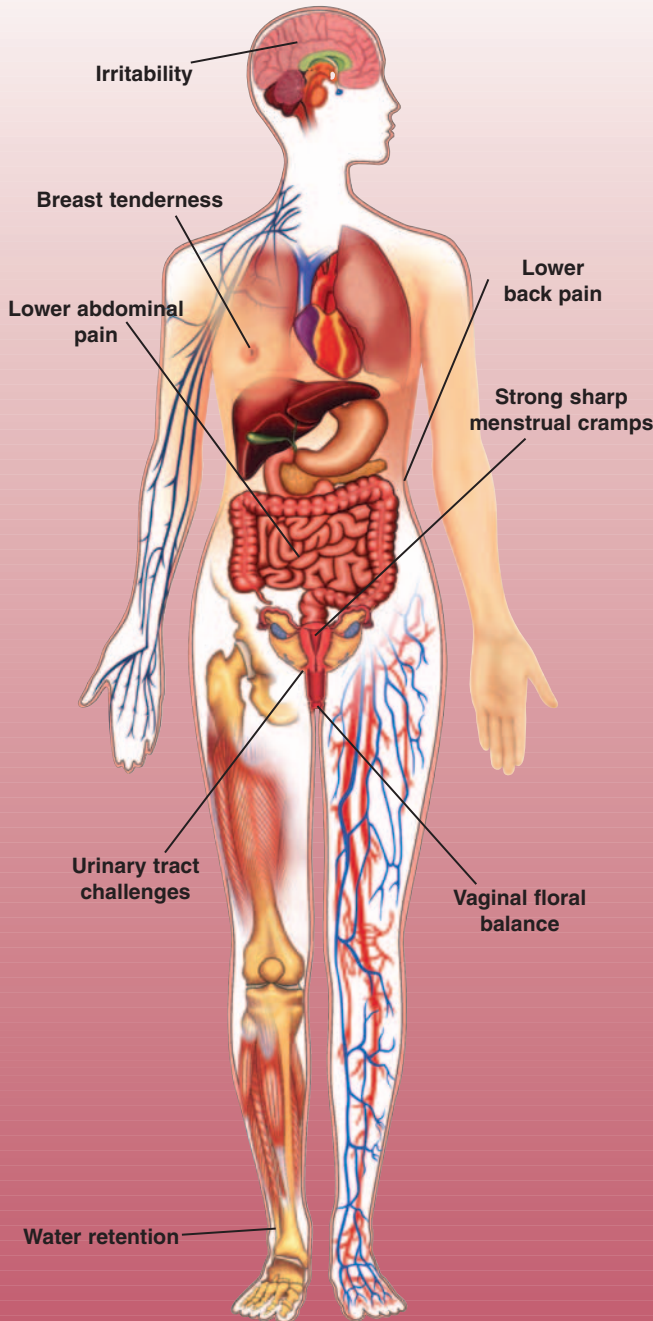


**CRAMP RELEAF™, CRANBLADDER
RELEAF™ AND YEAST RELEAF™
OFFER WOMEN SPECIFIC
HEALTH SUPPORT.**



ABOUT HERBS, ETC.

Herbs, Etc. has been widely recognized within the natural health industry as a leading manufacturer of high quality, potent liquid herbal medicines for over 30 years.

The Herbs, Etc. family of products features a new line of Fast-Acting Liquid Herbal Softgels. It also features a line of Professional Strength Classic Liquid Herbal Extracts, which includes over 130 single extracts and formulas, as well as a line of Professional Strength Alcohol Free Liquid Herbal Extracts.

Daniel Gagnon, owner of Herbs, Etc. and a Medical Herbalist since 1976, has been an early proponent of the healing properties of herbs. He has focused his energy into creating synergistic herbal medicines and unique processes for ensuring potency. He regularly teaches herbal therapeutics in North America and abroad.



Solutions You Trust®

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HERBAL MEDICINE

**Women's
Health Guide**



DO YOU NEED UTERINE, URINARY OR VAGINAL SUPPORT?

Hi, I'm Daniel Gagnon, Medical Herbalist and owner of Herbs, Etc. The number one goal of my practice is to provide my clients with healthy results. Here, I share suggestions that are useful for a woman's specific needs. Cramping and abdominal pains can be alleviated with the use of Cramp ReLeaf™. CranBladder ReLeaf™ is useful as a proactive support for a healthy urinary tract. Yeast ReLeaf™ promotes internal cleansing and supports a healthy intestinal and vaginal floral balance. These herbal products are in softgel form and thus are fast-acting for the relief that women need. Herbs truly have the ability to assist you in making significant shifts in your physical health. Herbs, Etc. products: Supporting your well-being.

Cramp ReLeaf™

Cramping and abdominal pains are experienced during, and sometimes just before, a woman's monthly period. It is estimated that up to 50% of women suffer from painful menstruation. They affect 80% of women at some time in their lives. Usually these cramps are not a sign of a serious underlying problem and thus can be treated with self-help methods.

Cramp ReLeaf™ is specific for painful menstruation with strong, sharp menstrual cramps. It supports a healthy, normal monthly menstrual cycle. It also eases uterine, ovarian and lower abdomen muscle tension. The herbs in this formula have been shown to improve ovarian and uterine circulation. They soothe the pelvic muscles as well as the reproductive system.

The best time to tackle menstrual cramps is before they actually begin. Use as a preventive measure prior to recurring menstrual muscle cramps. Based on when the cramping occurs, it is suggested that women take Cramp ReLeaf™ from a couple of days up to one week before menstruation and continue during the period.

Take one softgel every three to four hours with water. Increase suggested use to two softgels per serving should you desire more support.

FAST-ACTING PROPRIETARY FORMULA

Cramp ReLeaf™ contains extracts of:

Cramp Bark bark
Black Haw stem bark
Beth Root root
Clove flower buds
Cinnamon bark
Wild Yam root, fresh
Cardamom seed
Orange peel

CranBladder ReLeaf™

Why wait until a problem occurs? Many women have become proactive when it comes to maintaining a healthy urinary tract. Mucus produced by the bladder's mucous membranes protects the wall from the urine. This protection is particularly important when the urine is especially acidic or alkaline. CranBladder ReLeaf™ promotes a healthy urinary tract and supports healthy bladder walls. Healthy walls are conducive to healthy bladder tissues by supporting the secretion of bacterial anti-adherence factors.

The herbs contained in this formula also keep the mucous lining of the urethra and ureters healthy.

FAST-ACTING PROPRIETARY FORMULA

CranBladder ReLeaf™ contains extracts of:

Cranberry fruit
Uva Ursi leaf
Echinacea angustifolia root*
Stinging Nettle herb, fresh*
Buchu leaf
Horsetail herb, fresh
Pipsissewa herb
Yarrow flower top, fresh*
Meadowsweet herb
Chinese Licorice root*
Stevia leaf
*certified organic herb

They support the tissues' increased resistance to outside influences. This formula stimulates the urinary tract immune system, slightly acidifies the urine and tones the urinary passages.

Short-term support: Take one softgel every two to three hours with water. Long-term support: Take one softgel twice a day on an ongoing basis.

Yeast ReLeaf™

Candida is an organism that occurs naturally in the human body. An overgrowth of Candida may result from an upset of the vaginal pH or an imbalance of the vagina's acid and alkaline elements. It can also occur when a woman's daily life is filled with stress, pressure, tension, diet indiscretions, and certain medications. Interestingly, a woman does not have to be sexually active to stress the vaginal tissues. Candida is not a true "infection" since there are no outside bacteria that enter the body to cause the problem; rather, the dysfunction is an overgrowth of microorganism naturally found in the vagina. In order to maintain healthy tissues, females need to take special care, especially teenage girls and women age 16 to 35. They are especially vulnerable as they experience shifting hormonal levels. Yeast ReLeaf™ supports a healthy intestinal and vaginal tract. It promotes internal cleansing, as well as proper intestinal and vaginal floral balance. It assists the body in maintaining proper levels of Candida albicans. Take one softgel three to four times a day with water. Best results are achieved when taken with an acidophilus-based probiotic product.

FAST-ACTING PROPRIETARY FORMULA

Yeast ReLeaf™ contains extracts of:

Pau D'Arco inner bark
Quassia inner bark
Chinese Licorice root*
Echinacea angustifolia root*
Myrrh gum resin
Yerba Mansa root
Black Walnut hull, fresh*
Thuja leaf, fresh
Astragalus root*
Garlic clove, fresh*
*certified organic herb