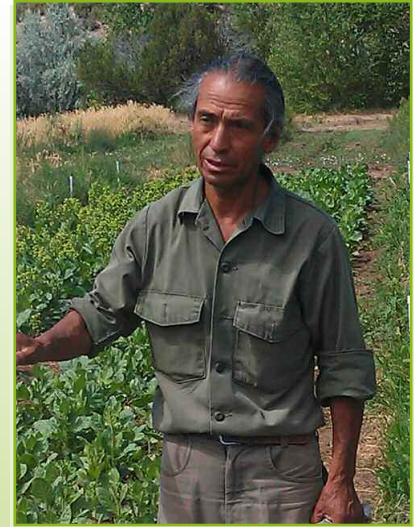


HERBAL MEDICINE



On August 4, Herbs, Etc. invited retailers from all the Northern New Mexico health food stores to spend the day at the Tesuque Pueblo Farm. The fields were ripe with many herbs such as California Poppy, Mullein, Calendula and Stinging Nettle.

HERBAL MEDICINE



Emigdio Ballon, Tesuque Pueblo Farm's Director of Agriculture, discussed the importance of knowing where your herbs are grown and the quality of the environment in which they grow. He spoke of honoring Mother Earth, growing plants near the locality and being conscious of the foot print each of us leave behind.

As a plant geneticist, Emigdio has studied biodynamic farming, which involves a unified and self-sustaining approach to agriculture that follows natural earth cycles and cosmic rhythms, particularly lunar cycles.

HERBAL MEDICINE



Daniel Gagnon, Owner and Medical Herbalist of Herbs, Etc. walks the group down into the field to get a close up look of herbs in the field. It is estimated that only 1/10 of 1% of the herbal supplement companies in the United States process fresh (undried) medicinal herbs. Herbs, Etc. is one of these rare companies. Almost all of Herbs, Etc.'s herbal extracts start with fresh herbs.



After a picnic lunch under old shady Cottonwood trees, Daniel begins his educational discussion on a few of Herbs, Etc's key products. Again, bringing home the idea of fresh from the field to our manufacturing facility.

HERBAL MEDICINE



After the discussion, the retailers are brought to a field of Calendula. There they are given buckets and asked to pick the flower tops (no stems) for processing later that afternoon back at Herbs, Etc. manufacturing facility.

HERBAL MEDICINE



Perfect time for a group photo with fresh Calendula flower tops in hand.

HERBAL MEDICINE



To preserve the bio-diversity of the seeds, Tesuque Pueblo Farm continues regeneration of herbs with the seeds from the previous year's harvest. They have just completed a Seed Storage Facility near the fields where seeds are stored for upcoming years. The group heads down the path to the facility to learn about generational seeding.

HERBAL MEDICINE



As the group thanks Mother Nature for her blessings on this day, the skies open up and bless the land with an afternoon shower.